

GirlFit Empowerment, Nutrition & Fitness Camp 2017 Summer Camp Registration

Date: _____

GirlFit Empowerment, Nutrition and Fitness Camp is designed to inspire girls, ages 5-12, by challenging them mentally, enhancing their physical ability, promoting creativity, and encouraging them to take risks. Summer camp includes hands-on activities and a friendly all-girl environment. Our Mission: Enhancing the quality of girls' lives by providing programming that builds integrity, respect and self-worth. Our counselors: Teachers, grad and undergrads students are dedicated to working with girls and leading their summer activities. They are inspired to teach and bring their knowledge of fitness, nutrition, art, music, dancing, fashion and much more. Classes will start with basic muscle toning and ending in yoga stretching.

Our Summer Projects & Workshops:

- ❖ Creating Fitness Awareness
- ❖ Enhancing Fitness Performance
- ❖ How to Make Healthy Food Choices
- ❖ Stimulating a Positive Attitude Towards Fitness
- ❖ Improving Body Image and Composition
- ❖ Crafting and Creating Art: Drawing, Fashion, Jewelry, Pottery, and more.
- ❖ Storytelling: Creating Comics, Books, and Oral Stories
- ❖ Performance / Drama: Acting, Singing and Dancing
- ❖ The Leader in You: Learning Leadership Qualities and Why it's Important to Set Goals
- ❖ Summer Enrichment
- ❖ Fitness Classes: Zumba, HipHop, Yoga, Ballet...and more

Fees for 2017

Registration - \$50.00 (Includes T-Shirt, Water Bottle & Arts & Craft Package)

\$125.00 with 4wk Commitment

\$140.00 Week-to-Week

Sibling Discount: 10%

- WEEK ONE – JUNE 12, 2017
- WEEK TWO – JUNE 19, 2017
- WEEK THREE – JUNE 26, 2017
- WEEK FOUR – JULY 3, 2017
- WEEK FIVE – JULY 10, 2017
- WEEK SIX – JULY 17, 2017
- WEEK SEVEN – JULY 24, 2017
- WEEK EIGHT – JULY 31, 2017
- WEEK NINE – AUGUST 7, 2017
- WEEK TEN – AUGUST 14, 2017
- WEEK ELEVEN – AUGUST 21, 2017
- WEEK TWELVE – AUGUST 28, 2017

Payment Policy

Payment is due every Monday, no later than Friday. If payment is not received by the scheduled dates, your child will be immediately withdrawn. If the program is full, you may place your child on the wait list for that week.

Payment Option 1

AutoPay Automatic debit of your credit/ debit account can be established by logging on to www.studiobookingsonline.com/girlfit. Please create an account and insert your credit card information

Payment Option 2

Payment can be made in person by cash or credit card. Please see our staff director.

We offer two payment options as follows:

- **Payment Option 1: AutoPay - Automatic debit of your credit/debit account can be established by logging on to www.studiobookingsonline.com/girlfit. Please create an account and insert your credit card information and we will draft on the first day of the week.**
- **Payment Option 2: Payment can be made in person by cash or credit card. Please see our staff director.**

Late Pick-up Fee: A \$5.00 late pick-up fee will be assessed for every 10 minutes. The fee is due the next business day.

Return Tuition Policy Fee: A \$30.00 processing fee will be charged for Checks/Credit/Debits returned by the bank for NSF. We reserve the right to require payment by cash or certified funds.

Early Withdrawal Policy: Should you choose the 4/week commitment option, you will be completely obligated to the 4weeks – No Exceptions.

Daughter's name:

Last:	First:
Home Address:	Date of Birth:
School:	Rising Grade:

Is there anything else we should know about your daughter that will help us to provide her with the best and safest possible experience?

Daughter's youth size shirt (circle one): Sm (6-8) Med (10-12) Lrg (14-16) XL (18-20) Adult Shirt (circle one): Sm (4-6) Med (8-10) Lrg (12-14) XL (16-18) XXL (20-22)

Parent/Guardian I:

Last:	First:
City:	State: Zip:
Home Phone:	Work Phone:
Cell Phone:	Email:

Parent/Guardian II:

Last:	First:
City:	State: Zip:
Home Phone:	Work Phone:
Cell Phone:	Email:

Pick Up List: Name/Relationship/Phone

Person 1:	Person 2:	Person 3:
Person 4:	Person 5:	Person 6:

CONSENT FOR MEDICAL TREATMENT

As the parent, agency representative, or legal guardian, I hereby give consent to GirlFit Empowerment, Nutrition and Fitness Camp to take my child to the dentist, physician or hospital named below for medical treatment in the event of an emergency, if neither I nor any other legal guardian can be reached. I also authorize any licensed physician or medical treatment center to treat my child in case of an emergency in which the above named physician cannot be reached.

Parent/Guardian Signature _____ Date _____

EMERGENCY INFORMATION

Dentist: _____ Phone: _____

Physician: _____ Phone: _____

Any known allergies?: Y or N if yes, please list _____

Are there any medical conditions of which we should be aware? Y or N if yes, please explain: _____

Does your girl have any special needs that require special accommodations Y or N, if yes, please explain: _____

Please list two people to act on your behalf in a medical emergency in the case that you or any other parent or legal guardian cannot be reached:

Name _____ Phone # _____ Relationship to child _____

Name _____ Phone # _____ Relationship to child _____

Dress Code: Children should dress appropriately for the activities scheduled. GirlFit recommends shorts and a light weight shirt or top, and some type of athletic shoe or sneaker in order to participate in recreational or athletic activities. Sandals, flip-flops, rubber "cros"-style shoes, and other open-toed shoes are not recommended as acceptable attire for active recreation activities. Clothing that displays drugs, alcohol, tobacco, offensive language, excessive bagginess, or is excessively revealing will not be permitted.

Personal Belongings: Please put the child's name on all articles of clothing, snack bags, bags, etc. Children should not bring toys, mobile phones, electronic devices, jewelry, money, or any possession of value with them to any of the programs. If you choose to send them items, GirlFit will not be responsible.

Sunscreen/Insect Repellent: Please apply sunscreen and insect repellent prior to the start of each camp session. Children may bring sunscreen and insect repellent but must be able to reapply with staff supervision. Spray or mist sunscreen and/or insect repellent are recommended. Sunscreen and/or insect repellent must be labeled with child's name. Children may not share these items with others.

Camper Code of Conduct Agreement: Camper safety is our priority. Cursing, bullying, name-calling or behavior deemed unsafe by camp staff compromises the experience for everyone and will not be tolerated. Parents or guardians will be notified if campers exhibit these negative behaviors. If immediate improvement in behavior is not evident, the camper will be dismissed from camp without refund. Dangerous behavior, such as fighting, is grounds for immediate dismissal.

Parent/Guardian Signature _____ Date _____

PARENT PERMISSION/ RELEASE OF LIABILITY

_____ HAS PERMISSION TO PARTICIPATE IN THE PROGRAMS OF GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP. SHE HAS PERMISSION TO BE TRANSPORTED IN THE GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP VEHICLES. I AGREE NOT TO HOLD GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP LIABLE FOR ANY INJURY OR ACCIDENT, WHICH MIGHT OCCUR.

I GIVE MY PERMISSION FOR MY DAUGHTER TO BE PHOTOGRAPHED AS WELL AS HER FIRST NAME USED IN THE NEWSPAPER, SOCIAL MEDIA, MAGAZINE, RADIO, TV, VIDEO OR BROCHURE IN CONJUNCTION WITH GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP. SHE HAS MY PERMISSION TO SWIM WITH GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP. I AGREE THAT I WILL NOT HOLD GIRLFIT EMPOWERMENT, NUTRITION AND FITNESS CAMP LIABLE FOR ANY INJURY OR ACCIDENT THAT MIGHT OCCUR WHILE PARTICIPATING IN THE SWIM PROGRAM.

I HAVE READ AND AGREE TO ABIDE BY ALL GUIDELINES AND POLICIES AS SET FORTH IN THE MATERIALS THAT HAVE BEEN PROVIDED FOR MY REVIEW. BY SIGNING BELOW, YOU AGREE THAT YOU UNDERSTAND ALL TUITION CHARGES OF SUMMER CAMP. THE ABOVE REGISTRATION FEE IS NON-REFUNDABLE.

Parent/Guardian Signature _____ Date: _____

